



# 道教青松小學(湖景邨) Taoist Ching Chung Primary School (Wu King Estate) 第十五期



## 青信

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## 校長的話

本年度上半學期，有兩件特別值得和大家分享的事：一、繼2011學年，學校再次獲國際啟發潛能教育聯盟頒發「啟發潛能教育學校成就大獎」，兩位老師代表學校前往美國領獎，並與其他國家的同工交流經驗；二、1月中，學校再有12位學生可以遠赴美國，在當地家庭住宿接近10天，學習當時的文化。這些難得的體驗，讓我們透過今期的《青信》去了解他們的行程點滴。



## Beyond the Best: Inviting School Success

On the recommendation of the Education Bureau, our school was awarded the “Paula Helen Stanley Fidelity Award (Silver)” by the International Alliance for Invitational Education this year. These prestigious awards serve as a recognition of our school’s spirit and practice of Invitational Education by educators all over the world. Our teachers, Ms Bonny Lam and Ms Emily Luk represented the school to receive the award at the world conference held in New York in October.

It was a valuable experience to participate in such a huge educational event, sharing the path of our school in being one of the most inviting schools with hundreds of educators from the USA, Canada, Australia, Germany and Hong Kong. There were inspiring speeches given by respectable educators including Dr William Purkey and Dr Betty Siegel, who are the founders of invitational education. We will continue our practice in invitational education and prepare our students for a better and brighter future.



## USA English & Cultural Exchange Program 2015/16



### 6A Kwok Ching, Angel

I have always wanted to visit the US. When I heard about this exchange programme, I was excited. Before the trip, my teacher taught me some communication tips. They were useful and they helped me to communicate with my host family.

It was very cold in the US, I needed to put on a lot of clothes. I lived with Mr and Mrs Faulkner. They have three children. They are Lauren, Connor and Emma. We did a lot of fun things together. We went to Sky Zone and played on the trampoline, watched an exciting basketball game and did sledding together.

On the last day of my trip, I felt sad but I felt thankful for my host family. I miss them and I hope I can visit them again.

### 5A Liu Chi Pang, Bobby

I joined the English Exchange Programme with the other 11 students in January, 2016. It was an unforgettable experience. I stayed with a host family. They took me to a shopping mall to buy souvenirs and gifts. I made a rabbit doll in a shop too! There were a lot to see and do, it was so fun! I think the KFC restaurant there is yummiier than that in Hong Kong. In this trip, I found that there were a lot of things I wanted to share with my host family but I did not know how to say it in English. Therefore, I know my English is not good enough and I will work harder. Hoping that I can speak better English and tell my USA friends how happy I am to know them when I go to Kentucky again.

### 5B Choi Pui Wing

This is my first time to go to the USA. The most unforgettable experience for me was visiting the Cumberland Falls. I went hiking at the fall with my host family. The scenery was spectacular. I took a lot of photos of it. My host family took me to a zoo, too! At the zoo, I saw many wild animals like tigers, lions and giraffes. It was fun seeing them play. It was also enjoyable playing in the snow. Although it was cold staying in the snow, I felt warm gazing at the stars at night. I had a lot of good memories in this trip. I hope I could visit the USA again in the future.

### 6C Cheung Hei Ching, Hailey

I joined this exchange programme because I wanted to learn more English and the culture of another country. I was so excited that I prepared many gifts for my new friends.

When I flew to the USA, I was so happy because I wanted to see my host family. I was looking forward to seeing snow, too. The place I like most in the USA is called Perfect North, where I could play with the snow with my friends.

My favourite activity was making snowman near the house I lived. I was delighted because I had never seen snowing before.

I felt unhappy on the last day. I wanted to stay in the USA for few more days. I hope I can visit the USA again.

### 6C Li Sin Tung, Meko

This is my first time visiting the USA. I joined this trip because I wanted to see something different in the USA. I was very excited when I was taking the flight. I wanted to see my host family immediately. My favourite activity there was roller skating. It was exciting.

The most unforgettable thing in the USA was playing with snow with my host family since I had never seen snowing before. On the last day of the trip, I felt sad because I wanted to stay with my new friend, Kaiden. I hope I can go to the USA again.

### 5A Cheng Sze Man, Christy

I visited Kentucky on 15th January. It was an unforgettable trip. It was my first time visiting the USA so I was extremely excited when I knew I could go there with my classmates.

I went to the first KFC in the world. It was beautiful. The food there was delicious. I like their food very much. I also visited Corbin Middle School. My host Dad and Mum worked at that school! The school was big. I was glad to visit that school.

I like Corbin because I like the food there especially the chicken nuggets. They are yummy. In the trip, I also learned some common English expression in the USA. I was sad to leave Kentucky because my host family was very nice to me. They gave me a lot of gifts.

### 5A Yang Tsz Kei, Kelly

Going to USA for exchange was wonderful! My host family took me to the first KFC in the world. Out of my expectation, their food was more delicious than Hong Kong's. I also learnt some history about KFC and took many photos there. I also tried a tooth-paste like candy called 'ICEE Squeeze Candy' for the first time. It tasted sweet and sour at the same time. It was amazing!

For me, the most unforgettable experience in this trip was to see and play in the snow. The snow was soft and building a snowman was interesting.

I bought some presents for my host family to thank them for taking care of me. They were delighted when they received the gifts. I felt so warm being with them. I felt sad when I left them. I will keep in touch with them through Skype. I hope I could visit them again when I grow up!

### 6A Kuang Yiling, Linda

I went to the USA in January with my schoolmates and teachers. This was my first time to the USA. I was so excited before the trip. During the trip, I visited Cumberland Falls. I like this waterfall because it was very beautiful and imposing. It was my first time seeing a waterfall. It was impressive.

I had a great time with my host family. On one of the snowy days, I went sledding with them. It was exciting sledding down the hill. I also ate something called 'rice crispy treat' and it was delicious! I won't forget the taste of it.

I learned many things about their culture and lifestyle. That was the best lesson in my life. I felt sad before coming back to Hong Kong because Tara, the daughter of my host family, and I had become good friends. I hope I can go to Kentucky and visit Tara again.

### 5A Hsu Yip Ting, Natalie

I went to Corbin Kentucky in the USA from 15th January to 25th January. I went there with eleven schoolmates and three teachers. It was my first time visiting the USA, I felt excited and thrilled.

My host friend is Ashten. She is eleven years old. My host family took me to Cannon Parkers Lake National Park. I could see a huge waterfall in the mountain. It was beautiful. I thought it was the most special place I visited during the trip.

My favourite activity was definitely snow-boarding. I sat on the snow-board and then slid down from the top of the hill outside the house of my host family. The snow-board went very fast down the hill! I screamed and yelled! I was nervous but it was exciting. We also had 'snow cream' during the snow storms. Ashten's brother, Drew, mixed the snow and milk together to make it. It was special to me because I couldn't find such food in Hong Kong.

I miss my host family. They cared about me and taught me the way of living in the America. I enjoyed my trip very much.

### 6A Winnie He

I went to Kentucky with my teachers and schoolmates in January. I was curious about the culture there and I wanted to know more about it.

When I was there, I watched a football match with my host family. The American football is different from the football we play in Hong Kong. It was a special experience for me. I also went ice-skating and visited a farm. Although I fell down many times when I was learning ice-skating, it was still fun and exciting for me. For the farm visit, I could see a lot of special animals which I have never seen in Hong Kong. I think it was an unforgettable experience.

I think Kentucky is a beautiful place where I could spend some relaxing time. I have learned a lot and I want to go there again if I have another chance.



# 社區參與 活動花絮

萬聖節



GARE小記者

義工服務



藝術模型遊學工作坊



小農夫計劃



學校藝術導賞團



參觀及工作坊



粵劇欣賞



旅行



聖誕聯歡



# 2015-2016 上學期校外比賽成績

(截止至2016年1月)

## 中文組

### 第67屆學校朗誦節

(香港學校音樂及朗誦協會主辦)

- 優良獎狀 (冠軍) 一、二年級男女子集誦  
優良獎狀 (亞軍) 5B劉凱雯  
優良獎狀 (季軍) 5B杜樹森  
優良獎狀 4A謝政橋  
優良獎狀 4B黃寶瑩  
優良獎狀 4B黃宇靜  
優良獎狀 5B尹浩翔  
優良獎狀 5C嚴芷瞳

### 第4屆文協盃書法比賽

(中國文化協會主辦)

- 小學組優異獎 6A王天毅

### 「紀念抗戰勝利70周年」全港中、小學中文硬筆書法比賽

(新界校長會主辦)

- 中小組 冠軍 4A黎偉軒

### 第5屆屯門區小學創意故事續寫大賽

(加拿大神召會嘉智中學主辦)

- 四年級組 亞軍 4A李東霖

## 英文組

### 第67屆學校朗誦節

(香港學校音樂及朗誦協會主辦)

- 優良獎狀 一至三年級女子集誦  
優良獎狀 1B李 僑  
優良獎狀 1B張晉弘  
優良獎狀 2A萬子喬  
優良獎狀 2A張日喬  
優良獎狀 2B李 洛  
優良獎狀 3A劉心悅  
優良獎狀 4A吳卓軒  
優良獎狀 4A戴蕙慧  
優良獎狀 4A黃芷澐  
優良獎狀 5A崔正言  
優良獎狀 5A黃凝璐  
優良獎狀 6B呂瞳欣  
優良獎狀 5B林洛雯  
優良獎狀 6A王秀儀  
良好獎狀 1D文曉旋  
良好獎狀 5B劉凱雯  
良好獎狀 6A郭 晶

### 第20屆全港中小學中英文硬筆書法比賽

(香港教育專業人員協會主辦)

- 中級組 優良 4A蔡樂琳

## 數學組

### 「華夏盃」全國數學奧林匹克邀請賽 (香港賽區初賽)

(香港數學奧林匹克協會主辦)

- 一等獎  
2A葉慶豫 2A張暉浚 3A羅浩洋  
3B潘嘉亮 4A余景濂 4A李東霖

- 5A洪昭亮 5A葉嘉謙 6A雷仁杰  
6A伍子臨

#### 二等獎

- 1A謝寶瑩 2A林澤彤 2A周俊杰  
3A唐為雷 3A陳子謙 3A鄺玉琦  
3A徐 越 4A張敬浩 4A黃嘉成  
5A蔡偉賢 5A冼承煒 6A何樂琦  
6A楊絲琳 6A秦柏洋 6A駱映澄

#### 三等獎

- 1C黎葵蕎 1D林穗晞 1D朱均來  
2A鄭鴻熙 3A周貝兒 4A陳穎瑩  
4A蔡樂琳 4A戴蕙慧 4A楊子語  
4A吳卓軒 5A許丁霖 5A譚展塋  
5A陳琬澄 5A戴敏慧 6A郭 晶  
6A敖子軒 6A劉俊毅

### 第2屆全港小學數學挑戰賽(初賽)(新界西區)

(香港天主教教區學校聯會主辦)

#### 四年級團體賽 亞軍

- 4A李東霖 4A張敬浩  
4A余景濂 4A吳卓軒

#### 四年級團體賽 優異

- 4A陳穎瑩 4A戴蕙慧  
4A蔡樂琳 4A楊子語

#### 五年級團體賽 冠軍

- 5A洪昭亮 5A譚展塋  
5A冼承煒 5A陳琬澄

#### 六年級團體賽 優異

- 6A楊絲琳 6A伍子臨  
6A敖子軒 6A何樂琦

#### 個人獎 金獎

- 4A李東霖 5A洪昭亮  
4A余景濂 4A吳卓軒

#### 銀獎

- 5A冼承煒 6A楊絲琳  
4A張敬浩 5A蔡偉賢

#### 銅獎

- 5A許燁婷 5A許丁霖  
5A梁德廉 5A譚展塋  
6A伍子臨 6A敖子軒

#### 優異

- 4A陳穎瑩 4A戴蕙慧  
5A陳琬澄 5A陳琬澄

### 2015數理遊蹤邀請賽

(廠商會蔡草閣中學主辦)

#### 銀獎

- 5A戴敏慧 5A馬啟菲  
5A梁德廉 5A黃凝璐

#### 優異獎

- 5A冼承煒 5A陳琬澄  
5A譚展塋 5A許丁霖

## 常識組

### 第5屆全港學生中國國情知識大賽

(教育局、文匯報、香港工會聯合會及未來之星同學會主辦)

#### 小學組個人賽 優異金獎

- 6A王天毅 6A葉文沛

### 屯元荃區小學校際通識問答比賽

(青松侯寶垣中學主辦)

#### 季軍

- 5A崔正言 5A許燁婷  
5A梁德廉 5A黃凝璐

### 紙飛機飛行大賽

(青松侯寶垣中學主辦)

#### 季軍

- 5A馮琛壹

## 視藝組

### CCE&EE國際童畫創意聯賽

(中國國際兒童藝術教育交流協會主辦)

#### 小學A組個人書畫類 特金獎

- 2A李思瞳

### 國際青年協會繪畫比賽

(國際青年協會主辦)

#### 水彩畫組 季軍 1B郭家樂

### The International Children's Art Competition/Children's Art Exhibitions

(Advena World Public Relations &amp; Integrated Marketing Communications主辦)

#### Amazing Artist Award 2B梁沛芝

#### Amazing Artist Award 5B梁沛勤

### 2015「奔向未來」繪畫比賽(亞太區)

(艾斯爾國際文化交流香港區主辦)

#### 兒童組 優異獎 1B郭家諾

### 「中國·白銀第15屆PHE國際青少年書畫大賽」

(PHE國際青少年書畫大會主辦)

#### 優異 5B曾宇恒

### 第2屆全港兒童繪畫分齡賽

(星島雜誌集團主辦)

#### 西洋畫(第七組) 二等獎 5B梁沛勤

#### 中國畫(第七組) 二等獎 5B梁沛勤

#### 西洋畫(第四組) 二等獎 2B梁沛芝

### 護耳耆英嘉年華兒童填色比賽

(香港聾人促進會主辦)

#### 初級組 冠軍 1A黎海澄

## 音樂組

### 2015國際青年文化藝術節-中西器樂、聲樂及兩文三語朗誦比賽

(香港青少年表演藝術交流發展協會主辦)

#### 鋼琴三級組 一等獎 2B詹小佐

#### 小學P1-P2鋼琴自選組 三等獎

- 2B詹小佐

### 2015國際青年文化藝術節

(香港音樂及藝術發展協會主辦)

#### 英國皇家音樂學院考試七級組 季軍

- 5A許燁婷

### 第11屆世界華人青少年藝術節

(中華文化五洲行組委會主辦)

#### 音樂大賽兒童A組 金獎 2A李思瞳

### 第4屆亞太新星鋼琴大賽

(GNET GROUP LIMITED主辦)

#### 二級組卓越獎 1B郭家諾

### 第12屆「星星火炬」中國青少年藝術英才推選活動廣東賽區

(教育部中國教育學會少年兒童校外教育分會主辦)

#### 專業小A組 金獎 2A李思瞳

### 第7屆香江盃藝術大賽(音樂)

(香江盃組委會主辦)

#### 公開組初小組 表演金獎 3A陳子謙

## 體育組

## 香港青少年分齡田徑錦標賽2015

(香港業餘田徑總會主辦)

男子丁組60米 冠軍 6B盧浩銘  
男子丁組100米 亞軍 6B盧浩銘

## 屈臣氏田徑會周年大賽2015

(屈臣氏田徑會主辦)

男子丁組60米 季軍 6B盧浩銘  
男子丁組200米 亞軍 6B盧浩銘  
男子丁組4X100米接力 第八名  
6B盧浩銘

## 中西區分齡田徑比賽2015

(康樂及文化事務處主辦)

男子青少年E組60米徑賽 亞軍  
6B盧浩銘  
男子青少年E組100米徑賽 季軍  
6B盧浩銘

## 屯門區田徑分齡比賽2015

(康樂及文化事務處主辦)

男子青少年E組60米 亞軍 6B盧浩銘  
男子青少年E組4X100米接力 亞軍  
6B盧浩銘  
男子青少年E組跳遠 亞軍 6B盧浩銘

## 第19屆屯門區小學校際田徑比賽

(香港學界體育聯合會屯門區小學分會主辦)

男甲鉛球 優異 5B胡紫烽  
男甲跳高 亞軍 6B周永賢  
男甲跳遠 亞軍 6B盧浩銘  
男甲60米 亞軍 6B盧浩銘  
男甲4x100米接力 優異

4B詹昊霖 5D江宗旺 6B盧浩銘  
6B周永賢 6C陳俊昇 6C李瑋麒  
男甲團體 殿軍

4B詹昊霖 5D江宗旺 6B盧浩銘  
6B周永賢 6C陳俊昇 6C李瑋麒  
5B胡紫烽 6A洪嘉禧

女甲鉛球 冠軍 6C梁苑晴  
男乙60米 冠軍 5A賴秀能

男乙4X100接力 殿軍

5A賴秀能 5A林家聚 5A林皓宏  
5C林焜翔 5D蕭湘斌 5D龐嘉濠

男乙團體 殿軍

5A賴秀能 5A林家聚 5A林皓宏  
5C林焜翔 5D蕭湘斌 5D龐嘉濠

女乙壘球 亞軍 5A馬啟菲

女乙跳高 殿軍 4B周婷茵

女乙100米 優異 5A馬啟菲

女乙團體 優異

4B周婷茵 5A馬啟菲 5B林洛雯

5C劉芸其 5D黃子莹

男丙跳遠 優異 4B袁穎希

女丙60米 優異 3C劉倩嘉

## 友校接力邀請賽

(佛教梁植偉中學主辦)

男子組 冠軍 5D江宗旺 6A敖子軒  
6B周永賢 6B盧浩銘  
女子組 冠軍 4B周婷茵 5A馬啟菲  
5C劉芸其 5D黃子莹

## 友校接力邀請賽

(中華基督教會何福堂書院主辦)

男子組 季軍 4B詹昊霖 5D江宗旺  
6B周永賢 6B盧浩銘

## 友校接力邀請賽

(鐘聲慈善社胡陳金枝中學主辦)

男子組 冠軍 4B詹昊霖 5D江宗旺  
6B周永賢 6B盧浩銘  
女子組 優異 3A洪雪滢 3A李佳鈺  
3C劉倩嘉 4D江杏元

## 第52屆學校舞蹈節

(香港學界舞蹈協會主辦)

中國舞群舞小學高級組 甲等獎

1B李婉芯 1B蘇芷妍 1D張天穎  
1D關詠之 2A尹心悅 2A梁凱柔  
2D劉欣睿 3A鄺玉琦 3D鍾啟惠  
4A譚聽竹 4B池穎林 4B何曉欣  
5A黃凝璐 5A鍾慧琮 5B周鎧瑤  
5B王芷珊 5C嚴芷瞳 6A布凱琳

## 屯門區第30屆舞蹈大賽

(屯門文藝協進會主辦)

東方舞少年組 銀獎

1B李婉芯 1B蘇芷妍 1D張天穎  
1D關詠之 2A尹心悅 2A梁凱柔  
2D劉欣睿 3A鄺玉琦 3D鍾啟惠  
4A譚聽竹 4B池穎林 4B何曉欣  
5A黃凝璐 5A鍾慧琮 5B周鎧瑤  
5B王芷珊 5C嚴芷瞳 6A布凱琳

## 香港傑出兒童舞蹈比賽

(香港兒童教育協會主辦)

小學五年級組 自由舞(小組) 冠軍

4A彭萃聰

## 2015仁愛堂小白豚水運會

(仁愛堂體育中心主辦)

男子B組100米蛙泳 季軍 5B梁沛勤  
男子B組50米捷泳 季軍 5B梁沛勤

## 全港公開兒童國術分齡賽2015

(香港中國國術龍獅總會主辦)

男子幼童組套拳 一等獎 3A陳子謙  
優異獎 2D黃晉朗

男子幼童組長器械 一等獎 3A陳子謙

男子小童組長器械 優異獎 4B陳鍵耀

男子小童A組套拳 優異獎 4B陳鍵耀

## 蔡李佛同門獅藝功夫群英會

(陳享公紀念總會主辦)

男子兒童組長器械 銀獎 2D黃晉朗  
3A陳子謙

銅獎 4B陳鍵耀

金獎 3A陳子謙

4B陳鍵耀

銅獎 2D黃晉朗

## 第21屆錦標賽

(香港跆拳道東龍會主辦)

冠軍 3A陳子謙

## 2015仁愛堂空手道比賽

(仁愛堂體育中心主辦)

6歲以下男子組繙量級 冠軍 1B黃卓翹

## 元朗區體操公開賽暨中港邀請賽

(元朗區體育會主辦)

普及體操男子D組 自由體操 冠軍

4A彭萃聰

普及體操男子D組 跳箱 季軍

4A彭萃聰

## 劍擊交流訓練營比賽

(劍坊/尼西劍會合辦)

個人花劍 亞軍 5B梁沛勤

## 劍坊新學年挑戰賽2015

(Fencing Arena主辦)

小學男子甲組 季軍 5B梁沛勤

## 普通話組

## 第67屆學校朗誦節

(香港學校音樂及朗誦協會主辦)

優良獎狀(季軍) 一、二年級男女子集誦

優良獎狀 1A呂駿延

優良獎狀 2B李宇翔

優良獎狀 2B邱衍熙

優良獎狀 3A唐為雷

優良獎狀 4A彭萃聰

優良獎狀 4A李東霖

優良獎狀 4B許懷浩

優良獎狀 5A許燁婷

優良獎狀 5B金沛茵

優良獎狀 5B曾宇恆

優良獎狀 5C林焜翔

優良獎狀 5D張浩翔

良好獎狀 1A方辛月

良好獎狀 1C胡錦豪

良好獎狀 2C鄭智鵬

良好獎狀 6C鄧靖茹

## 圖書組

## 「我是未來大作家」

(《木棉樹兒童文學月刊》主辦)

小小優異獎 4A鄧肇翹

## 屯門區倡廉親子故事比賽

(屯門區公民教育委員會主辦)

小學組亞軍 5A許燁婷

小學組優異 1A蘇凱堂

## 課程及學術發展組

## 第3屆香港國際學生創新發明大賽

(仁濟醫院林百欣中學主辦)

銀獎 5A林皓宏 5A梁德廉

## 活動組

## 2015資優小童軍嘉許計劃

(香港童軍總會主辦)

獲嘉許學生 3A 幸欣瞳

## 幼童軍進度性獎章(香港童軍總會主辦)

最高榮譽(金紫荊獎章)

6A顧曉嵐 6A郭 晶 6A周梓敏

6A敖子軒 6A楊絲琳 6A王天毅

6A徐寶樹 6A洪嘉禧 6A楊念祖

6A許日朗 6A劉俊毅 6A冼曉鋒

6A何樂琦 6A伍子臨 6A雷仁杰

6A何樂琦 6A伍子臨 6A雷仁杰

6A何樂琦 6A伍子臨 6A雷仁杰

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# EASY EASY好小事

在日常生活中，身邊的人常常給予我們幫助及支持，我們要有感激之心。學校於上學期推行了感恩活動，以下是部分同學們對身邊的人表達的謝意。

## 5D黃子瑩

今天，我第一次去市場幫媽媽買晚餐，我非常開心。我按照我設計的菜單去買。起初我非常緊張，因為不知道買菜的過程是怎樣的。後來我提起勇氣去嘗試，最後真的成功了。今次買菜，我不但減少媽媽的辛勞，還學會大膽嘗試去解決難題。

## 5C嚴芷瞳

今天我和一個已經半年沒有回校的同學一起去打羽毛球，因為她的媽媽去世了，她十分不開心，我還逗她開心，和她說一些開心的事。

## 6A林洛寧

今天是教師發展日，我呆坐家中沒有事情做。忽然我看見掛在窗戶外的衣服都乾了，便幫媽媽把衣服收起來。

## 1A方辛月

今天我和媽媽去表妹家玩，玩完後我幫表妹收拾玩具。

## 5A馬啟菲

今天下午，我和同學參加童軍比賽。在賽前熱身的時候，一位我不認識的同學走過來對我說：「你會打平結嗎？可不可以示範一次給我看看？我覺得你剛剛打得好熟練啊！」我爽快地做了一次給他看。但是他還是一臉疑惑的樣子，所以我又把繩子解開，重新一步一步解說，最終他明白了，並向我表示謝意。我笑着對他說：「Easy, Easy, 好小事！這是我應該做的。」

## 6B劉耀聰

今天，我如常地起床，但我發覺天氣溫度較低，便連忙穿起外套，以免著涼。我也提醒家人要帶備足夠的衣物才上街，媽媽讚我細心體貼，令我心裏暖洋洋的。

## 5A蕭穎欣

今天，我去超市幫媽媽買雞蛋，看見一個老婆婆東張西望，我走上前問：「您找什麼？」原來她在想買水果，但找不到眼鏡，於是我幫她找。最後我找到了，還幫她挑了幾個橙子。

## 4D陳曉妍

今天，阿姨要出外辦事，我只好在家裏照顧表妹。下午的時候表妹要午睡了，我在媽媽的指導下餵她喝奶。喝完後，她很快就睡著了。我把她抱進我的房間輕輕地放在床上，並蓋上被子。我坐在牀邊安靜地伴着她睡覺，她好可愛啊！

## 2E謝承津

我在麥當勞吃過晚餐後，把自己的垃圾放進垃圾箱裏。

## 3A王思穎

今天，我上學時，看見老婆婆要入升降機，我讓她先入。她不但感謝我，還稱讚我是一個好孩子。